

Delaware Valley Chapter Virtual Support Groups



The Alzheimer's Association Delaware Valley Chapter continues to offer **VIRTUAL SUPPORT GROUPS** for dementia caregivers. Attendees can participate via computer or phone.

Register for a virtual support group today by clicking a link below, calling the Alzheimer's Association 24/7 Helpline at **800.272.3900** or visiting alz.org/crf. Specialized groups are indicated.

Call **800.272.3900** before attending as dates and times are subject to change.

Tuesday, January 3
6 to 7 p.m.

<https://action.alz.org/mtg/88577384>

Wednesday, January 4
3:30 to 5 p.m.

<https://action.alz.org/mtg/88392890>

Wednesday, January 4
(Young Adult Caregivers in 20s and 30s of Early Onset Dementia)
6 to 7:30 p.m.

<https://action.alz.org/mtg/88414526>

Saturday, January 7
10 to 11:30 a.m.

<https://action.alz.org/mtg/88103096>

Monday, January 9
4 to 5 p.m.

<https://action.alz.org/mtg/87870882>

Tuesday, January 10
(Adult Children)

6:30 to 8:30 p.m.

<https://action.alz.org/mtg/88390896>

Tuesday, January 10
(Adult Children Caregivers, Age 40+)
7 to 8 p.m.

<https://action.alz.org/mtg/88577995>

Thursday, January 12
2 to 3:30 p.m.

<https://action.alz.org/mtg/88077013>

Sunday, January 15
3 to 4 p.m.

<https://action.alz.org/mtg/88393569>

Tuesday, January 17
2 to 3 p.m.

<https://action.alz.org/mtg/88391874>

Tuesday, January 17
3 to 4:30 p.m.

<https://action.alz.org/mtg/88391023>

Tuesday, January 17
6 to 7 p.m.

<https://action.alz.org/mtg/88576955>

Wednesday, January 18

6:30 to 8 p.m.

<https://action.alz.org/mtg/88577189>

**Wednesday, January 18
(Adult Children of Early Onset,
Ages 18-39)**

6:30 to 8 p.m.

<https://action.alz.org/mtg/88577638>

**Thursday, January 19
(Spouse's Group, Men Only)**

4 to 5 p.m.

<https://action.alz.org/mtg/88577891>

**Saturday, January 21
(Conference Call Only)**

10 a.m. to 12 p.m.

<https://action.alz.org/mtg/88199456>

Monday, January 23

6:30 to 8 p.m.

<https://action.alz.org/mtg/88393155>

Tuesday, January 24

3 to 4:30 p.m.

<https://action.alz.org/mtg/88578114>

Tuesday, January 24

**(Over 50 Adult Children /
Long-Distance Caregivers:
Conference Call Only)**

6:30 to 8 p.m.

<https://action.alz.org/mtg/88577782>

Tuesday, January 26

5 to 6 p.m.

<https://action.alz.org/mtg/88393878>

Thursday, January 26

(FTD Caregivers)

6 to 7:30 p.m.

<https://action.alz.org/mtg/88101084>

Thursday, January 26

7 to 8:30 p.m.

<https://action.alz.org/mtg/88201220>

Mondays

10 to 11 a.m.

January 9

<https://action.alz.org/mtg/88101788>

January 23

<https://action.alz.org/mtg/88101800>

Thursdays

7 to 8 p.m.

January 5

<https://action.alz.org/mtg/88390388>

January 12

<https://action.alz.org/mtg/88390392>

January 19

<https://action.alz.org/mtg/88390397>

January 26

<https://action.alz.org/mtg/88390402>